Shenandoah County Resource Guide

FREE HELP accessing community-based services. Call Strength In Peers at 540-217-0869.
9560 S. Congress St., New Market, VA 22844 | StrengthInPeers.org | Services@StrengthInPeers.org **UPDATED 05/20/2026**

Information for COVID-19:

Virginia Department of Health COVID-19 Informational Call Center: Mon-Fri 8AM- 6PM; 1-855-949-8378; www.vdh.virginia.gov
Centers for Disease Control and Prevention: 1-800-232-4636 www.CDC.gov
Shenandoah County Health Department: 494 N Main St. Suite 100, Woodstock Virginia 22664. By appointment only, please call; 540-459-3733.

Emergency/Crisis Support

Medical or Mental Health EMERGENCY: 911
Crisis Hotline: Call 988
Northwestern Community Services Board: 24/7 Mental Health Crisis Line: Shenandoah County; 540-635-4804.
Suicide Hotline: For ANY mental health or substance abuse concern. suicidepreventionlifeline.org; 800-273-8255.
Poison Control Hotline: Assistance in case of exposure to poisonous or hazardous substances; 800-222-1222.
Shenandoah County Sheriff's Department: (Non-Emergency) 109 W. Court St., Woodstock, VA; 540-459-6100.
Woodstock Police Department: 134 N. Muhlenberg St., Woodstock, VA; 540-459-2141
Strasburg Police Department: 174 E. King St., Strasburg, VA; 540-465-5230
New Market Police Department: 9418 John Sevier Rd., New Market, VA; 540-740-3776
Mount Jackson Police Department: 75 Main St., Mount Jackson, VA 22842; 540-477-2242
Shenandoah County Department of Social Services: SNAP, Medicaid, and heating/cooling program. 494 N. Main Street, Suite 200 Woodstock, VA; 540-459-6226; https://commonhelp.virginia.gov/
Child Protective Services: 800-552-7096
Adult Protective Services: 888-832-3858.

Public Meals-Soup Kitchens/Food Pantries

St. Paul Lutheran Church: Strasburg residents only; 1st & 3rd Wednesdays 5:30-7:30pm, 156 West Washington Street Strasburg, VA; 540-465-3232
Reformation Lutheran Church: Every Thursday 11am; 9823 Congress Street New Market, VA; 540-740-3239
Woodstock Presbyterian Church: Every Tuesday 4:30-5:30pm; 142 East Court Street Woodstock, VA; 540-459-2646
Bread of Life (Woodstock UMC) 156S Muhlenberg St., Woodstock; 3rd Tuesday and Thursday afternoon; 540-459-4144
Keep The Change at My Church: 23749 Old Valley Pike, Woodstock; 888-294-9673
Compassion Cupboard: 533 Burgess Street, Strasburg; 540-465-9476
First Baptist Church:, Every Monday 5:30-6:30pm (except the 1st Monday of the month), 116 Lakeview Drive Woodstock, VA; 540-459-3000
Strasburg United Methodist Church:, 2nd & 4th Wednesdays 5:30-7pm; 114 West Washington Street Strasburg, VA; 540-465-8788
Windhaven Church: 2nd Wednesday 6pm, 3606 Turkey Knob Road Mt. Jackson, VA; 540-477-2765; https://windhavenchurch.com/
St. Andrew's Episcopal Church: 2nd Thursday 11:30am - 1pm, 5890 Main Street Mt. Jackson, VA; 540-477-3335
St. John Bosco Catholic Church: 315 N. Main Street Woodstock, VA 540-331-7178
Woodstock UMC: 156 S. Muhlenberg St. Woodstock, VA, Bread of Life Pantry, 3rd Tuesday and Thursday; 540-459-4144
Blue Ridge Area Food Bank: 540-248-3663; https://www.brafb.org/
Emmanuel's Table Food Pantry: 122 E Court St., Woodstock, VA 22664; Emmanuel Lower Church Level; 540-477-3335
Open Door Food Pantry: Located in the rear parking lot of the Shenandoah County Community Center. Open every 3rd Thursday of the month from 12pm - 6pm; 6044 Main St, Mt Jackson, VA 22842; 540-860-0899; https://opendoorfoodpantrymj.org/
Lukes Backpack: Free food box for children up to 18yrs; To register children in your household, please submit the registration form online. This summer program will run from Tuesday, May 26 – Saturday, August 8, 2026. All locations will be closed on Friday, June 19; Friday, July 3; and Saturday, July 4, 2026. https://svlm.org/lukes-backpack
Help Other People Eat (H.O.P.E): Part of Family Promise. A family-friendly emergency food pantry that is open from 9am to 4pm, Monday-Friday. Call 540-459-4599 for more information.

Emergency Shelter

Centralized Housing Intake (CHI): Provides temporary financial assistance to individuals who are homeless so they can obtain rental housing. Homeless certification for those without access to a computer or internet are done by drop-box located at the CHI offices: 305 N. High Street Harrisonburg, VA 22802; 540-271-1701; https://continuumofcare513.com/centralized-housing-intake/
Shenandoah Alliance for Shelter: 135 S. Main Street, 2nd Floor, Woodstock, VA (540) 459-3212 or (540) 459-8395
Family Promise of Shenandoah County: 781 Spring Parkway Woodstock, VA; 540-459-4599; https://www.shenandoahfamilypromise.org/
RESPONSE (Domestic Violence Shelter): (540) 459-5161; https://www.responseva.org/
First Step: Emergency shelter for victims of domestic violence and their children. 129 Franklin St., Harrisonburg VA, 22801; 540-434-0295 or 1-866-223-9169; firststepva.com
CHOICES Council on Domestic Violence for Page County: 230 W Main Street Luray, Va 22835; 540-743-4414; https://choicesofpagecounty.org/

Affordable Housing

Valley Vista Apartments: 132 Valley Vista Dr, Woodstock, VA 22664; 540-459-2119; https://www.peopleinc.net/housing/valley-vista/

New Market North Apartments: Pets welcome**;** 9091 N Congress St, New Market, VA 22844; 540-369-8030; http://www.newmarketnorth.com/
Toms Brook Apartments: 3232 South Main Street, Toms Brook VA, 22660; 540-459-2119; https://www.peopleinc.net/housing/toms-brook-apartments/

Clothing and Furniture

Goodwill Industries: 1011 S Main St, Woodstock, VA 22664. Mon-Sat 10:00 a.m.-8:00 p.m., Sun. 12:00 p.m.-5:00 p.m; 540-459-8194.
Search Gift Shop: Wed-Sat. 10:00 a.m. – 4:00 p.m.; 5982 Main St. Mt. Jackson, VA; 540-477-2600.

Mental Health and Substance Abuse Treatment

Shenandoah Memorial Hospital: We are offering virtual visits for patients. To make either an in-person or virtual appointment, please call Inpatient or Outpatient care. 759 South Main Street, Woodstock, VA 22664; 540-459-1100.
Valley Health Medical Center, Inpatient Behavioral Health (Winchester): 540-536-4881
Valley Health Medical Center, Outpatient Behavioral Health (Winchester): 540-536-4881
Valley Health Medical Center, Outpatient Behavioral Health (Woodstock): 540-459-1505
Northwestern Community Services Board (NWCSB)-
NWCSB Winchester Clinic: 158 Front Royal Pike Ste 303, Winchester, VA 22601; 540-667-8888.
NWCSB Warren County Clinic: 209 W. Criser Rd., Suite 100, Front Royal, VA 22630; 540-636-2931.
NWCSB Shenandoah County Clinic: 494 N. Main St., Suite 300, Woodstock, VA 22664; 540-459-5180.
NWCSB Page County Clinic: 136 General Dr., Suite 300, Luray, VA 22835; 540-743-4548.
NWCSB Peer Line for Substance Use: 833-626-1490
SAVIDA: Outpatient opioid & alcohol addiction rehab**; Woodstock**- 540-281-3094; **Luray**- 540742-7330; **Winchester** 540-450-0334; **Front Royal** 540-456-2460; https://savidahealth.com/
Winchester Community Mental Health Center: High-quality, individualized, compassionate mental health services, substance abuse and early childhood services. Accepts Medicare, Medicaid, Private Insurance and Self Pay. 36 Ricketts Dr. Winchester VA 22601; 540-535-1112. https://winchestercmhc.com/
SMART Recovery Online Meetings: https://www.smartrecovery.org/community/
Celebrate Recovery: Call for details. 766 S. Main St., Woodstock, VA; 540-746-0482; https://celebraterecovery.com/
National Alliance on Mental Illness (NAMI): 800-273-8255, NAMI of Northern Shenandoah Valley: www.naminsv.org.
Substance Abuse and Mental Health Service Administration (SAMSHA) National Helpline: 24/7 referrals to substance use and mental health treatment. 800-662-HELP (4357).
Strength In Peers: Peer support services by trained individuals who are in recovery. If you are struggling with mental health, substance use and/or trauma, call us and a Peer Recovery Specialist will get in touch with you! 9560 S. Congress St., New Market, VA 22844; 540-217-0869; StrengthInPeers.org
For Veterans: To speak confidentially with a Vet Center Counselors at any time around the clock call: 877-WAR-VETS (927-8387) visit the website for more services. www.dvs.virginia.gov/
Blue Ridge Hospice Grief and Loss Support: 333 West Cork Street # 405 Winchester, Va 22601; 540-313-9200; https://blueridgecare.org/our-services/grief-support-services/
Edgehill, A Recovery Retreat: 315 E Cork St. Winchester, Va 22601; 540-662-8865; https://edgehillrecovery.org/

Support Groups

Strength in Peers: Peer support services by trained individuals who are in recovery. 917 N. Main St., Ste.1. In-person and online Zoom peer support groups. See our schedule at StrengthInPeers.org or call 540-217-0869 for more information!
Northwestern Community Services Board Peer Line: 833-626-1490
Blue Ridge Narcotics Anonymous:. Regional helpline: 1-800-777-1515. In-person and online groups. Meeting list at: www.brana.org
Alcoholics Anonymous: Meeting list at: www.aavirginia.org www.blueridgeintergroup.org
Narcotics Anonymous (NA): 1-800-777-1515 - https://www.shevana.org ; Meeting lists online at www.na.org
Alcoholics Anonymous (AA): www.aavirginia.org; Meeting lists online at www.aa.org
Celebrate Recovery- Woodstock, VA: Call for details. 766 S. Main St, Woodstock, VA 22664; 253-797-5451; https://www.celebraterecovery.com/
Celebrate Recovery- Front Royal, VA: 1600 John Marshall Hwy, Front Royal, VA call 540-636-9595; https://celebraterecovery.com/
Winchester/Blue Ridge Area AA intergroup: 540-667-0322 www.blueridgeintergroup.org
Family Life Resource Center: Individual and family counseling. 273 Newman Ave, Harrisonburg, flrc.org. 540-434-8450. Hours: Mon-Thu 8:30am-4:30pm
McNulty Center for Children & Family: 463 E. Washington St., Harrisonburg,. 540-433-3100. Hours: Mon-Fri 8am-5pm; www.hrcsb.org
National Treatment Referral Routing Service: 24/7 referrals to substance abuse treatment. 800-662-HELP (4357).
Free Indeed Life Recovery: 100 Sierra Ln Stanley, VA, United States, Virginia 22851; 22849; 540-560-5338; https://www.facebook.com/p/Free-Indeed-100083981944439/
Sadie Rose Foundation: Support for pregnancy, infant & child loss. 195 Main St., Dayton, VA 22821; Office: 540-810-4351. Support line: 540-810-0307. www.sadierosefoundation.org
Sentara RMH Behavioral Health: 644 University Blvd. Individual counseling, group therapy, and partial hospitalization program:540- 564-5100. Psychiatry services/medication management: 540-564-7007.
Summit House: Psychosocial rehabilitation program for people with mental illness. 1888 Pear St. Harrisonburg. 540- 434-1816; https://www.hrcsb.org/summit-house-35th-anniversary-celebration/
First Step: Support groups for victims of domestic violence. 129 Franklin St., Harrisonburg VA, 22801; 540-434-0295 or 1-866-223-9169; www.firststepva.com
Shenandoah Valley Teen Challenge: 280 Sky Chalet Ln, Mt Jackson, Va 22842; 540-213-0571; https://svtc.info/

Medical/Dental

Shenandoah County Health Department: 600 North Main St., Suite 106 Woodstock, VA 22664. STD and HIV/AIDS screening, family planning/birth control, immunizations, WIC. Please call for an appointment and more information. 540-459-3733
Shenandoah Community Health Clinic: 124 Valley Vista Drive Woodstock, VA; Please call for an appointment and details.

Dental Clinic 540-459-9333
Medical Clinic 540-459-1700.

Valley Health Shenandoah Memorial Hospital: 759 S. Main St. Woodstock, VA; 540-459-1100
Sentara Mount Jackson Health Center: 20 Medical Dr, Mt Jackson, VA; Call for appointment and details. 540-477-3185
New Market Family Practice Center: 179 E Lee Hwy, New Market, VA; Call for appointment and details. 540-740-3044
Shenandoah County Pregnancy Center: 28 Cedar Wood Lane, Edinburg, VA; 540-984-4673
Strength In Peers: FREE, rapid HIV/HCV (Hepatitis C) testing. Call or email for appt: Testing@StrengthInPeers.org, 9560 S. Congress St., New Market, VA 22844. 540-217-0869.
VCU School of Dentistry: Provides high-quality, affordable dental care to children and adults throughout the commonwealth of Virginia. 520 N 12th St, Richmond, VA 23298; 804-828-9190; https://dentistry.vcu.edu/

Employment, Education and Financial Assistance

Shenandoah County Department of Social Services (Woodstock, VA): Food stamps, Medicaid & other public benefits. 494 N Main St #200. By appointment only. Call 540-459-6226.
Virginia Cooperative Extension: Provides research-based education through programs in Agriculture and Natural Resources, Family and Consumer Sciences, 4-H Youth Development, Family Nutrition Program, and Community Viability. Local offices are in each county/city in VA. 600 North Main St., Suite 100, Woodstock, VA 22664; Hours: Monday – Friday 8:30am-5:00pm; Phone: 540-459-6140; https://ext.vt.edu/;
Telamon Corporation: Assists farm workers & their dependents with education, training, & more. 250 E. Market St. Suite C-1. 540-208-5757 x7231; www.telamon.org
Virginia Employment Commission Winchester: 419 N. Cameron St., Valley Workforce Center Second Floor Winchester, VA 22601 Phone: (540) 722-3415, Fax: (540) 722-3418. Service areas: Clarke County, Frederick County, Shenandoah County, Warren County, Winchester City. Please call for more information and schedule an onsite appointment.
Shenandoah County Public Schools and Shenandoah County Preschool Center: (540) 459-6222, 600 N. Main St., Woodstock, VA
KidzRec- 600 North Main St. Suite 108, Woodstock, VA, Phone- 540-459-6777. Please call or visit the website for registration information. www.scpr.info.
Project HOPE: Supporting students experiencing homelessness; https://projecthopevirginia.org/

Pregnancy/Parenting Support

Shenandoah County Pregnancy Center: 28 Cedar Wood Lane, Edinburg, VA; 540-984-4673
A Small Hand: Providing Diapers and basic needs and essentials to children and families in Shenandoah County. Thursday 9am -11 am or 5pm -7pm email shenvalleylm@gmail.com; https://svlm.org/a-small-hand
Hope Program/ Shenandoah County Pregnancy Center: Designed to equip parents, Build Families and give children the best start possible- 28 Cedar Wood Lane Edinburg, Va 22824; 540-984-4673
Connected Community Inc.: 44 S. Cameron St. Suite 2 A and B Winchester, VA 22601 540-404-5985. Variety of services including parent mentoring, supervised visitation, and out-patient counseling to the Shenandoah Valley and Northern Virginia. Serves Shenandoah & Page Counties.
Healthy Families: Dedicated to developing, supporting, and empowering new parents through systematic identification of families' needs for parenting support. Serve Shenandoah & Page Counties. 759 South Main St. Woodstock, VA 22664; 540- 459-8558; https://shenandoahpage.wixsite.com/healthyfamilies
Infant and Toddler Connection of Shenandoah Valley: Provides early intervention support and services to children ages birth to three and their families. A coaching approach is used by licensed providers to engage parents and caregivers in helping their child. Services are provided in the home or another natural setting. 621 S. Royal Avenue, Front Royal, VA 22630, 540- 635- 2452
CASA: dedicated to advocating for the best interests of children who have experienced abuse or neglect. 215 Mill Rd., Suite 207, Woodstock, VA 22664
Response: Teen Services – office- 540-459-5599 Hotline 540-459-5161
Project HOPE: Supporting students experiencing homelessness; https://projecthopevirginia.org/
Project Lifesaver: The primary mission of Project Lifesaver is to provide timely responses, to save lives and reduce potential injury for adults and children with the propensity to wander due to a cognitive condition. Citizens enrolled in Project Lifesaver will be issued to wear a small transmitter on the wrist or ankle, that emits an individualized frequency signal. To become enrolled in Project Lifesaver, please contact the Sergeant of the School Resource Officers Division at 540-459-6100; https://projectlifesaver.org/
Project ChildSafe: The primary goal of Project ChildSafe is to promote safe firearms handling, storage practices, and education. To obtain your free gunlock, please contact the Public Information Officer at (540) 459-6100; https://projectchildsafe.org/

Seniors and Individuals with Disabilities

Access Independence: 324 Hope Dr, Winchester, VA 22601, 540-662-4452.
Valley Health Behavioral Health SOP: 540-4881
Senior Center -116 Lakeview Drive Woodstock, VA, 540-984-8811.
Seniors First, The Shenandoah Area Agency on Aging (SF) 207 Mosby Lane Front Royal, VA 22630, 540-635-7141; In-home services, Meals on Wheels, Senior Centers, Long-Term Care Ombudsman, Transportation, VICAP Medicare Insurance Counseling and more. SF operates the WellTran transportation program, which provides non-emergency medical transportation for seniors 60 and older and for adults aged 18 and older with a disability. For information or to schedule a ride call 540-551-5706 or 540-551-5617. www.seniorsfirst.info
Project Lifesaver: The primary mission of Project Lifesaver is to provide timely responses, to save lives and reduce potential injury for adults and children with the propensity to wander due to a cognitive condition. Citizens enrolled in Project Lifesaver will be issued to wear a small transmitter on the wrist or ankle, that emits an individualized frequency signal. To become enrolled in Project Lifesaver, please contact the Sergeant of the School Resource Officers Division at 540-459-6100; https://projectlifesaver.org/

Other Services

Department of Motor Vehicles: 1-804-497-7100, 714 N. Main St., Woodstock, VA, https://www.dmv.virginia.gov
Plan First/Cover Virginia: 1-855-242-8282; Virginia Medicaid and FAMIS: www.coverva.org
ShenGo Bus: 540-715-5706 www.vatransit.org

Crew Community Center: 6044 Main Street. Mt Jackson, VA; 540-331-1825

Utility Information
Dominion Energy: 1-866-366-4357
Shenandoah Valley Electric Cooperative: 540-434-2200
Holtzman Oil Company: 540-477-3131 (Oil), 540-465-9200 (Propane)
Emmart Oil: 540-662-3835 or 1-800-421-3835
H.N. Funkhouser: 540-459-3794
Washington Gas: 703-750-1000
Amerigas: 540-477-9355

If you are seeking recovery from mental health, substance use, and/or trauma-related experiences, please give us a call.

540-217-0869 - Main Office Number
540-208-2941 - Harrisonburg Community Resource Center
Our Office Locations: (Please call to make an appointment.)
917 N. Main St., Suite 1, Harrisonburg, VA 22802
9560 S. Congress St. New Market, VA 22844
(New Market Mailing Address: P.O. Box 892 New Market, VA 22844)

