

Network services are available
in the following communities:

I'm Just Me Movement

City of Winchester
Frederick County
Clarke County
Warren County

Strength In Peers

City of Harrisonburg
Rockingham County
Shenandoah County
Page County

Roads to Recovery

City of Lynchburg
Amherst County
Appomattox County
Bedford County
Campbell County



Referrals

Individuals are welcome to refer themselves. They also can call Concern Hotline for support with a referral to the Network. Additionally, we accept referrals from crisis services, law enforcement, first responders, hospitals, and community agencies.

We follow up with all referrals
by phone within 72 hours.

To make a referral please contact:
Alexandra Boudreau, Network Manager
540-435-1289
network@strengthinpeers.org
Fax: 855-940-1884

Need Support Now?

Concern Hotline provides a 24-hour
hotline for people in need of crisis
support. Call 540-667-0145.

If you are you in immediate danger and
need help from the police, firefighters, or
EMTs? Call 911 now.

Are you or someone you know
experiencing a mental health crisis?
Call 988 now.



Peer Recovery Specialists
and clinical partners
providing community-based
and virtual crisis support



540-435-1289
network@strengthinpeers.org

Services

The Compassionate Crisis Care Network (“The Network”) was created to provide crisis support for people who face barriers to connecting with traditional behavioral health services.

Participants are paired with a Peer Recovery Specialist in their community for weekly one-on-one peer support. These services are typically provided in-person and can occur in the participants’ home. Peer support helps participants recognize new opportunities and behaviors. It also can help participants connect to community services and resources.

Participants also work with a Counselor for assessment and weekly individual therapy. These services are provided via telehealth. Therapy focuses on understanding things that contribute to crisis, managing crisis situations, and developing resilience skills.

Services typically last 3 to 12 months depending on each participant’s needs.

Updated 10/2024

Eligibility

Eligibility is limited to adults ages 21+ who have Medicaid. Eligibility may also be open to adults ages 18+ who are uninsured/underinsured and under 200% of the Federal Poverty Level based on available resources. Individuals must reside in the Network’s service area.

Services are designed for individuals who are at risk for a mental or behavioral health crisis or recovering from a recent crisis. Crisis is unique to every person and can include very strong emotions that are overwhelming and cause significant distress. Crisis also can include thoughts of self-harm, suicide, and harming others.

We are here for people who are experiencing a broad range of intense feelings and need community-based support.



Partners

The Network is a partnership among peer-run Recovery Community Organizations (RCOs) that are led by individuals in recovery from mental health, substance use, and trauma-related challenges and Counseling Centers that have expertise in crisis care, trauma care, and working with people from diverse cultures.

Peer-run partners:

- Strength In Peers
- Roads to Recovery
- I’m Just Me Movement

Counseling partners:

- Harrisonburg Center for Relational Health
- The ARROW Project

Concern Hotline: A team of trained volunteers provide 24-hour crisis support so that help is always available when people need it.

