



Free help accessing community-based services. CALL Strength In Peers at **540-217-0869**.

917 N. Main St, Suite 1, Harrisonburg, VA 22802 | StrengthInPeers.org | Services@StrengthInPeers.org

Updated: 01/2022 | To update resource information, please email Center@StrengthInPeers.org

Information for COVID-19:

Virginia Department of Health COVID-19 Informational Call Center: 1-855-949-8378, Mon-Fri 8AM- 6PM. www.vdh.virginia.gov

Centers for Disease Control and Prevention: www.CDC.gov

Shenandoah County Health Department: 494 N Main St. Suite 100, Woodstock Virginia 22664. 540-459-3733. By appointment only; please call.

Emergency/Crisis Support

Medical or Mental Health EMERGENCY: 911

Northwestern Community Services Board: 24/7 Mental Health Crisis Line: Shenandoah County 540-459-4742.

Suicide Hotline: For ANY mental health or substance abuse concern. suicidepreventionlifeline.org. 800-273-8255.

Poison Control Hotline: Assistance in case of exposure to poisonous or hazardous substances. 800-222-1222.

Shenandoah County Sheriff's Department: (Non-Emergency) (540) 459-6100. 109 W. Court St., Woodstock, VA

City of Woodstock Police Department – (540) 459-2141, 134 N. Muhlenberg St., Woodstock, VA

Town of Strasburg Police Department – (540) 465-5230, 174 E. King St., Strasburg, VA

New Market Police Department – (540) 740-3776, 9418 John Sevier Rd., New Market, VA

Mt. Jackson Police Department- (540) 477-2242. 75 Main St, Mt Jackson, VA 22842

Shenandoah County Department of Social Services: (540-459-6226), 494 N. Main Street, Suite 200 Woodstock, VA (Adult Protective Services, Adult Services, SNAP, Medicaid, and heating/cooling program.)

Child Protective Services: 800-552-7096.

Adult Protective Services: 888-832-3858.

Public Meals-Soup Kitchens/Food Pantries

St. Paul Lutheran Church: (540) 465-3232 (Strasburg residents only), 1st & 3rd Wednesdays 5:30-7:30pm, 156 West Washington Street Strasburg, VA

Reformation Lutheran Church: (540) 740-3239, Every Thursday 11am, 9823 Congress Street New Market, VA

Woodstock Presbyterian Church: (540)-459-2646, Every Tuesday 4:30-5:30pm, 142 East Court Street Woodstock, VA

First Baptist Church: (540)-459-3000, Every Monday 5:30-6:30pm (except the 1st Monday of the month), 116 Lakeview Drive Woodstock, VA

Strasburg United Methodist Church: (540) 465-8788, 2nd & 4th Wednesdays 5:30-7pm, 114 West Washington Street Strasburg, VA

Windhaven Church: (540) 477-2765 - <https://windhavenchurch.com/>, 2nd Wednesday 6pm, 3606 Turkey Knob Road Mt. Jackson, VA

St. Andrew's Episcopal Church: (540) 477-3335, 2nd Thursday 11:30am - 1pm, 5890 Main Street Mt. Jackson, VA

St. John Bosco Catholic Church: (540) 331-7178, 315 N. Main Street Woodstock, VA

Woodstock UMC: (540) 459-4144, 156 S. Muhlenberg St. Woodstock, VA, Bread of Life Pantry, 3rd Tuesday and Thursday.

Blue Ridge Area Food Bank: (540) 248-3663

Emmanuel's Table Food Pantry: (540) 477-3335, 122 E Court St., Woodstock, VA 22664; Emmanuel Lower Church Level.

Emergency Shelter

Centralized Housing Intake (CHI): (540) 271-1701. CHI provides temporary financial assistance to individuals who are homeless so they can obtain rental housing. CHI is operating under normal business hours and all intakes are done by phone. Homeless certification for those without access to a computer or internet are done by drop-box located at the CHI offices: 305 N. High Street Harrisonburg, VA 22802.

Shenandoah Alliance for Shelter: 135 S. Main Street, 2nd Floor, Woodstock, VA (540) 459-3212 or (540) 459-8395, FAX: 540-459-3235.

RESPONSE (Domestic Violence Shelter): (540) 459-5161, PO Box 287 Woodstock, VA.

Family Promise of Shenandoah County: (540) 459-4599, 781 Spring Parkway Woodstock, VA.

Affordable Housing

Valley Vista Apartments (Woodstock, VA) 540-459-2119.

New Market North Apartments 540-740-3989.

Clothing and Furniture

Goodwill Industries: 1011 S Main St, Woodstock, VA 22664. 540-459-8194. Mon-Sat 10:00 a.m.-8:00 p.m., Sun. 12:00 p.m.-5:00 p.m.

Search Gift Shop: 5982 Main St. Mt. Jackson, VA. 540-477-2600. Wed-Sat. 10:00 a.m. – 4:00 p.m. Must wear masks.

Mental Health and Substance Abuse Treatment

Shenandoah Memorial Hospital: 759 South Main Street, Woodstock, VA 22664, 540-459-1100. We are offering telehealth virtual visits for patients. To make either an in-person or virtual appointment, please call Inpatient or Outpatient care.

Valley Health Medical Center, Inpatient Behavioral Health (Winchester): 540-536-4881

Valley Health Medical Center, Outpatient Behavioral Health (Winchester): 540-536-4881.

Valley Health Medical Center, Outpatient Behavioral Health (Woodstock): 540-459-1505. You may be referred to one program based on your symptoms, lifestyle, and needs. Services include: Intake and Assessment, general adult inpatient care, senior adult inpatient care, outpatient care.

Northwestern Community Services Board (NWCSB): Mental health, substance abuse and developmental services. Crisis Service: 540-635-4804.

NWCSB Winchester Clinic (Winchester) 158 Front Royal Pike, Suite 200. 540-667-8888.

NWCSB Warren County Clinic (Front Royal) 209 W. Criser Rd., Suite 100. 540-636-2931.

NWCSB Shenandoah County Clinic (Woodstock) 494 N. Main St., Suite 300. 540-459-5180.

NWCSB Page County Clinic (Luray) 136 General Dr., Suite 300, 540-743-4548.

NWCSB Peer Line for Substance Use 833-626-1490

Winchester Community Mental Health Center: 36 Ricketts Dr. Winchester VA 22601, 540-535-1112. High-quality, individualized, compassionate mental health services, substance abuse and early childhood services. We respect developmental, behavioral and cultural differences by recognizing the dignity inherent in all and fostering healing, hope, strength and self-determination. Accepts Medicare, Medicaid, Private Insurance and Self Pay.

Narcotics Anonymous (NA): 1-800-777-1515 - <https://www.shevana.org>; Meeting lists online at www.na.org.

Alcoholics Anonymous (AA): www.aavirginia.org; Meeting lists online at www.aa.org.

SMART Recovery Online Meetings: <https://www.smartrecovery.org/community/>

Celebrate Recovery: 766 S. Main St., Woodstock, VA; 540-746-0482, Call for details.

National Alliance on Mental Illness (NAMI), 800-273-8255, NAMI of Northern Shenandoah Valley: www.naminsv.org.

Substance Abuse and Mental Health Service Administration (SAMSHA) National Helpline: 24/7 referrals to substance use and mental health treatment. 800-662-HELP (4357).

Strength In Peers: Peer support services by trained individuals who are in recovery. 917 N. Main St., Ste.1. 540-217-0869; StrengthInPeers.org. If you are struggling with mental health, substance use and/or trauma, call us and a Peer Recovery Specialist will get in touch with you!

For Veterans: To speak confidentially with a Vet Center Counselors at any time around the clock call: 877-WAR-VETS (927-8387) visit the website for more services. www.dvs.virginia.gov/

Health

Shenandoah County Health Department: 600 North Main St., Suite 106 Woodstock, VA 22664 (540) 459-3733. STD and HIV/AIDS screening, family planning/birth control, immunizations, WIC. Please call for appointment and more information.

Shenandoah Community Health Clinic: 124 Valley Vista Drive Woodstock, VA **Dental Clinic** (540) 459-9333 **Medical Clinic** (540) 459-1700. Please call for an appointment and details.

Valley Health Shenandoah Memorial Hospital: (540) 459-1100, 759 S. Main St. Woodstock, VA; Visiting hours suspended at all Valley Health hospitals and long-term care facilities.

Sentara Mount Jackson Health Center: (540) 477-3185, 20 Medical Dr, Mt Jackson, VA; Call for appointment and details.

New Market Family Practice Center: (540) 740-3044, 179 E Lee Hwy, New Market, VA; Call for appointment and details.

Shenandoah County Pregnancy Center: (540) 984-4673, 28 Cedar Wood Lane, Edinburg, VA

Strength In Peers: FREE, rapid HIV/HCV (Hepatitis C) testing. Call or email for appt: Testing@StrengthInPeers.org, 917 N. Main St, Ste.1. 540-217-0869.

Employment, Education and Financial Assistance

Shenandoah County Department of Social Services (Woodstock, VA): Food stamps, Medicaid & other public benefits. 494 N Main St #200. By appointment only. Call 540-459-6226.

Telamon Corporation: Assists farmworkers & their dependents with education, training, & more. 250 E. Market St. Suite C-1. telamon.org. 540-208-5757 x7231

Virginia Employment Commission Winchester: 419 N. Cameron St., Valley Workforce Center Second Floor Winchester, VA 22601 Phone: (540) 722-3415, Fax: (540) 722-3418. Service areas: Clarke County, Frederick County, Shenandoah County, Warren County, Winchester City. Please call for more information and schedule an onsite appointment.

Shenandoah County Public Schools and Shenandoah County Preschool Center: (540) 459-6222, 600 N. Main St., Woodstock, VA.

KidsRec- 600 North Main St. Suite 108, Woodstock, VA, Phone- 540-459-6777. Please call or visit the website for registration information. www.scpri.info.

Parenting Support

Connected Community Inc.: 44 S. Cameron St. Suite 2 A and B Winchester, VA 22601 540-404-5985. Variety of services including parent mentoring, supervised visitation, and out-patient counseling to the Shenandoah Valley and Northern Virginia. The goal is to provide high-quality services by knowledgeable and experienced clinicians that meet the needs of the community partners and clients. Serves Shenandoah & Page Counties.

Healthy Families: Dedicated to developing, supporting, and empowering new parents through systematic identification of families' needs for parenting support. Serve Shenandoah & Page Counties. 759 South Main St. Woodstock, VA 22664, 540- 459-8558.

Infant and Toddler Connection of Shenandoah Valley: Provides early intervention support and services to children ages birth to three and their families. A coaching approach is used by licensed providers to engage parents and caregivers in helping their child. Services are provided in the home or another natural setting. 621 S. Royal Avenue, Front Royal, VA 22630, 540- 635- 2452

Reading, Rhyming and Readiness: (540) 459-6750, P.O. Box 303, Woodstock, VA.

Seniors and Individuals with Disabilities

Access Independence: 324 Hope Dr, Winchester, VA 22601, 540-662-4452.

Valley Health Behavioral Health SOP: 540-4881

Senior Center -116 Lakeview Drive Woodstock, VA, 540-984-8811.

Shenandoah Area Agency on Aging (SAAA) 207 Mosby Lane Front Royal, VA, 540-635-7174. www.shenandoahaaa.com. In-home services, Meals on Wheels, Family Caregiver Respite Centers, Long-Term Care Ombudsman, Transportation/WRAN, VICAP Insurance Counseling. SAAA operates the WellTran program, which provides non-emergency, pre-arranged, and fee-based transportation for seniors 60 and older and for adults age 18 and older with a disability. For information or to schedule a ride with WellTran, you may call WellTran directly at (540) 635-7141 ext. 1006 or 1007.

Other Services

Department of Motor Vehicles: 1-804-497-7100, 714 N. Main St., Woodstock, VA, <https://www.dmv.virginia.gov>,

Plan First/Cover Virginia: 1-855-242-8282; Virginia Medicaid and FAMIS: www.coverva.org. No copays during COVID-19.

Utility Information

Dominion Energy: 1-866-366-4357

Shenandoah Valley Electric Cooperative: 540-434-2200

Holtzman Oil Company: 540-477-3131 (Oil), 540-465-9200 (Propane)

Emmart Oil: 540-662-3835 or 1-800-421-3835

H.N. Funkhouser: 540-459-3794

Washington Gas: 703-750-1000

Amerigas: 540-477-9355